

Mind Renewal Journal

What has been on your mind lately? Write out your thoughts below.
Be very honest. Be very transparent.

Therefore, brothers and sisters, in view of the mercies of God, I urge you to present your bodies as a living sacrifice, holy and pleasing to God; this is your true worship. Do not be conformed to this age, but be transformed by the renewing of your mind, so that you may discern what is the good, pleasing, and perfect will of God.

~Romans 12:1-2 CSB

Date: _____

Now that you have shared your thoughts, identify the lie you've been believing below. Then, according to what you wrote, write out below it one verse of Scripture you believe combats this lie.

One lie that I have been believing is...

Scripture truth to renew my mind is...

You will know the truth, and the truth will set you free.

~John 8:32 CSB